

January Special

PROTEIN POWER SALAD

Arugula, Beet, Quinoa, Mandarin Orange, Crumbled Goat Cheese, Dried Cranberries,
Red Onions & Shredded Carrots with a House Made Lemon Vinaigrette

Iron-rich foods including lean protein meats, leafy greens, whole grains, and legumes. Great for you and your blood.

Donate Today for Blood Donor Awareness Month.

Pastrami Reuben

Sauteed Pastrami, Thousand Island,
Swiss Cheese, & Sauerkraut,
on Marble Rye Bread



National
HOT PASTRAMI
Day

Tuesday, January 14th