

**Wednesday, Jan 29<sup>th</sup>**

**CHINESE NEW YEAR!  
2025 YEAR OF THE SNAKE**

**ORANGE CHICKEN  
with Jasmine Rice  
and Roasted Broccoli**

*Tuesday January 28*

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# *National Blueberry Pancake Day!*

*Come in for a Hearty Breakfast*



Last Week !

# PROTEIN POWER SALAD

Arugula, Beet, Quinoa, Mandarin Orange, Crumbled Goat Cheese, Dried Cranberries,  
Red Onions & Shredded Carrots with a House Made Lemon Vinaigrette

Iron-rich foods including lean protein meats, leafy greens, whole grains, and legumes. Great for you and your blood.

Donate Today for Blood Donor Awareness Month.