

Garlic Week!



Look for this ICON
for Yummy Garlic
accents to our dishes
this week

The Pungent Power of Garlic:

Garlic, beyond its culinary uses, is a nutritional powerhouse. Rich in vitamins, minerals, and antioxidants, it's renowned for its health-promoting properties, including boosting the immune system and improving heart health. But let's not forget the flavor – that unmistakable punch that transforms any ordinary dish into something extraordinary.

So, embrace the health benefits of garlic, from its immune-boosting properties to its potential in reducing blood pressure. Including garlic in your diet is not just tasty, but also a boon for your health.



April's Special for
Stress Awareness Month:

COMFORT FOOD!

**CARNITAS
GRILLED CHEESE**

*Traditional Pork Carnitas,
Jalapeno Jack Cheese, Pickled
Onions, on Texas Toast*