

Week of
7/27 – 7/31/2026

DAILY SPECIALS



Vegetarian



Better4U



Vegan



Contains Nuts



MONDAY

Fireside Grill

The Lugar Press: \$10.95 Thinly sliced Roast Beef, Fried Onions, Cheddar Cheese, Horseradish Steak Sauce, on a Seeded Club Roll

Market Stop Deli

Athens Hummus Greek Wrap \$9.95 Hummus, Feta Cheese, Cucumber, Tomato, Kalamata Olives, Red Onion, Lettuce, Tomato, in a Wrap

TUESDAY

Fireside Grill

Blackened Fish Tacos: \$10.95 Two Tacos Cajun Seared Tilapia, Corn Tortillas, Cilantro Mayo, Shredded Cabbage & Pico de Gallo

Market Stop Deli

Turkey Veggie Panini \$9.95 Turkey Breast, Provolone, Julianne Vegetables, Spinach and Cilantro Avocado Dressing

WEDNESDAY

Fireside Grill



Veggie Baja: \$8.95 Peppers, Onions, Mushrooms, Diced Tomatoes, Shredded Mozzarella & Hot Sauce on a Griddled Pita

Market Stop Deli

Southwestern Roast Beef*: \$9.95 Roast Beef, Caramelized Onions, Cheddar Cheese, Avocado, Jalapenos, Chipotle Mayo

THURSDAY

Fireside Grill

Texas Burger*: \$9.95 Cheddar Cheese, Crispy Frizzled Onion Strings, Bacon and BBQ Sauce

Market Stop Deli

Tuscan Grilled Eggplant \$9.95 Grilled Eggplant, Fresh Mozzarella, Arugula, Tomatoes & Basil Aioli on Ciabatta

FRIDAY

Fireside Grill

NATIONAL AVOCADO DAY!

Chicken Salad Avocado Melt: \$9.95 Chicken Salad, Melted Provolone, Red Onions, Pesto Sauce, Sliced Avocado on Grilled Italian Sliced Bread

Market Stop Deli

The California \$10.95 Sliced Turkey, Bacon, Tomato, Avocado, Honey Mustard

* Thoroughly cooking meats, poultry, seafood, shellfish or eggs reduces the risk of foodborne illness. Food allergy? Please speak to your server.

Soups

Monday - Tuesday



Chicken Chili



Broccoli Cheddar Soup

Wednesday - Thursday

Fish Chowder



Creamy Wild Mushroom Soup

Friday

Hearty Chicken Soup

12oz 4.25 / 16oz 5.50

July Special Month:

SUMMER ORCHARD CHICKEN SALAD

Arugula • Roasted Peaches • Feta Cheese •
Diced Strawberries • Toasted Almonds •
Grilled Chicken • Watermelon-Honey Vinaigrette

Fresh • Seasonal • Summer Inspired

A taste of summer in every bite

LAST CHANCE!

MARKET STOP

Create Your Own Sandwiches

Meats (Choose 1) \$8.95

Turkey
Ham
Roast Beef*
Grilled Chicken Breast
Breaded Chicken Cutlet
Chicken Salad
Tuna Salad
Blackened Chicken

Cheese

American
Cheddar
Swiss
Provolone
Pepper Jack

Extras: +\$1.00

Avocado
Bacon
Fresh Mozzarella

Complimentary Add-Ons ✓

Tomato
Lettuce
Onion
Balsamic Onions
Jalapeños
Banana Peppers
Roasted Red Peppers
Spinach
Sundried Tomatoes
Pico de Gallo

Vegetarian: \$.6.95 V

Egg Salad
Cheese Sandwich

Specialty Sandwiches

La Fresca: \$10.95

Grilled Chicken, Roasted Red Peppers,
Smashed Avocado, Bacon, Cheddar Cheese,
Chipotle Aioli on Ciabatta

Turkey Avocado: \$10.95

Roasted Turkey, Avocado, Balsamic
Onions, Cheddar, Roasted Garlic Aioli
on a Kaiser Roll

Italian Combo: \$9.95

Thinly Sliced Ham, Salami, Pepperoni,
Provolone Cheese, Lettuce, Tomato,
Onion, Oil & Vinegar on a Seeded Club
Roll

Buffalo Chicken Wrap: \$9.95

Breaded Chicken Cutlet, Blue Cheese
Dressing, Lettuce, Tomato and Hot Sauce in
choice of Wrap

Spicy Chicken Rancher: \$9.95

Breaded Chicken Cutlet, Bacon, Cheddar
Cheese, Buffalo Hot Sauce, Ranch Dressing
on Ciabatta

Tuscan Roast Beef*: \$9.95

Roast Beef, Fresh Mozzarella, S&P, O&V,
Shredded Lettuce, Sliced Tomato, on a
Seeded Club Roll

Blackened Chicken Wrap: \$9.95

Cilantro Aioli, Cheddar Cheese, Pico de
Gallo, Shredded Lettuce in choice of Wrap

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FIRESIDE GRILL

Breakfast Sandwiches

Classic Breakfast Sandwich/ Wrap:
\$5.95

Includes 2 Eggs, Any Style and Cheese

Breakfast Sandwich w/ Meat: \$7.95

2 Eggs Any Style and choice of 1 Meat
Bacon, Ham, Turkey, or Sausage

Cheese Choices:

American	Swiss
Cheddar	Pepper Jack
Provolone	

Add On Toppings: \$1.00 each

Avocado
Hash Browns

Omelets

Omelet: \$7.95

Includes 3 Eggs with 2 Fillings

Add Up To 3 Additional Fillings:
\$1.00 each

American	Mushrooms
Cheddar	Onion
Feta Cheese	Peppers
Pepper Jack	Tomato
Swiss	Avocado
Bacon	Spinach
Ham	Turkey
Sausage	

Breakfast Specials & Favorites

BREAKFAST BURRITO*: \$8.95

Scrambled Eggs, Sauteed Peppers & Onions,
Sausage, Cheddar, Chipotle Aioli in Flour
Tortilla

Eggs Your Way*: \$4.00

Includes 2 Eggs Your Way

Breakfast BLT: \$7.95

Includes 2 Eggs, Bacon, Lettuce & Tomato

Oatmeal 

12 oz: \$2.75 / 16oz: \$3.15

BREAKFAST BOWL*: \$8.95

Scrambled Eggs, Diced Avocado, Diced
Potatoes, Sauteed Peppers & Onions,
Roasted Garlic Aioli

Side Orders:

Hash Browns, Ham, Sausage, Turkey \$3.00;
Bacon \$4.00

2 Pieces of Toast or a Bagel: \$2.95

Toasted with Butter, Jelly, Peanut Butter,
Cream Cheese

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C&I
DINING SERVICES

FIRESIDE GRILL

Create Your Own Sandwiches/Burgers: \$8.95 (Unlimited Add-Ons)

Protein

House Beef Blend Burger*
Beyond Meat Burger
Grilled Chicken
Breaded Chicken Cutlet

Cheese Add-Ons

American
Cheddar
Swiss
Pepper Jack
Provolone

Sides: \$3.00

French Fries
Sea Salt Potato Chips

Add-Ons

Tomato
Lettuce
Onion
Jalapeno Peppers
Banana Peppers
Roasted Red Peppers
Spinach
Sundried Tomatoes

Premium Add-Ons: \$1.00

Avocado
Bacon
Fresh Mozzarella
Fried Egg

Specialty Sandwiches: \$9.95

Korean "Hot" Chicken

Breaded Chicken Cutlet, Korean Slaw,
Gochujang Aioli on Ciabatta

Patty Melt

Griddled Burger with Sauteed Onions,
Russian Dressing and Swiss Cheese on
Grilled Italian Sliced Bread

Chicken Parmesan

Breaded Chicken Cutlet, Shredded
Mozzarella and Marinara Sauce on a
Club Roll

Beef Gyro

Grilled Beef Gyro, Red Onions,
Shredded Lettuce, Diced Tomatoes,
Tzatziki Sauce on a Pita

Chicken Quesadilla

Grilled Chicken, Blend of Cheeses,
Sautéed Peppers & Onions in a Flour
Tortilla with Sour Cream & Salsa

Turkey Cuban

Roasted Turkey, Melted Swiss Cheese,
Ham, Pickles, Zesty Cuban Sauce on
Ciabatta

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SKINNY GREENS

Build Your Own Salad: \$10.95

Choice of Base

Romaine
Baby Spinach
Field Greens

Choice of Dressing

Wasabi Teriyaki 
Cilantro Lime 
Ranch 
Balsamic Vinaigrette 
Blue Cheese 

Add Protein

Grilled Chicken: +\$2.00
Breaded Chicken Cutlet: +\$2.00
Blackened Chicken: +\$2.00
Salmon: +\$5.00

6 Toppings Included*

Cucumbers
Tomatoes
Applewood Smoked Bacon
Sliced Avocado
Hard Boiled Eggs
Roasted Corn
Crumbled Blue Cheese
Shredded Cheddar
Shredded Carrots
Fried Tortillas
Mandarin Oranges
Roasted Red Peppers

*More than 6 toppings: \$1.00 each

Specialty Salads:

Protein Can Be Added to Specialty Salads

Cobb Salad \$10.95

Applewood Smoked Bacon, Sliced Avocado,
Tomatoes, Hard Boiled Eggs, Roasted Corn,
Crumbled Blue Cheese, Ranch Dressing

Barcelona Salad \$10.95

Roasted Corn, Shredded Carrots, Fried
Tortilla Strips, Tomato, Avocado, Cucumber,
Cilantro Lime Dressing

Blackened Chicken Salad \$12.95

Blackened Chicken, Mandarin Oranges,
Shredded Cheddar, Roasted Corn, Roasted
Red Peppers, Cilantro Lime Dressing

Salads prepared at the self-serve salad bar cannot be tossed or chopped at this Chef attended station.

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