Week of 11/2 - 11/6/2026

Hours: 7:00 – 2:30

DAILY SPECIALS

Vegetarian | Better4U | Vegan | Contains Nuts

CI DINING SERVICES

MONDAY

Skinny Greens

Buffalo Chicken Salad: $8.75 *Shredded Lettuce, Pickled Red Onions, Diced Tomato, Cucumber, Carrots, Cheddar Cheese, Crispy Flour Tortilla, Chicken Cutlet, Buffalo Ranch Dressing*

Cal: 555 Carbs: 29 Sodium: 1588 Fat: 32

Fireside Grill

Chicken Philly: $7.75 *Grilled Chicken Breast, Sautéed Peppers, Onions, melted Provolone on a Club Roll*

Cal: 439 Carbs: 34 Sodium: 617 Fat: 18

Market Stop Deli

Pesto Portobello: $7.75 *Grilled Portobello Mushroom, Fresh Mozzarella, Spinach, Roasted Red Peppers, and Pesto on a Focaccia Roll*

Cal: 568 Carbs: 47 Sodium: 804 Fat: 32

TUESDAY

Entrée

NATIONAL SANDWICH DAY!! Banh MI Sandwich Station: $8.75 *Fresh Cilantro Leaves, English Cucumbers, Serrano Peppers, Pickled Daikon-Carrots, Flavored Mayo, Sliced Ham, Lemongrass Marinated Chicken on Toasted French Bread*

Cal: 471 Carbs: 76 Sodium: 329 Fat: 17

Fireside Grill

Bacon Ranch Turkey Roast: $7.75 *Roasted Turkey, Bacon Ranch Dressing, Smoked Bacon, Pepper-Jack Cheese, Shredded Lettuce on a House Roll*

Cal: 595 Carbs: 36 Sodium: 1127 Fat: 34

Market Stop Deli

Veggie Jack : $8.75 *Pepper Jack Cheese, Avocado, Cherry Peppers, Red Onions, Green Peppers, Shredded Carrots, Cucumbers, Lettuce, Tomato, Italian Dressing on a Wrap*

Cal: 402 Carbs: 58 Sodium: 1015 Fat: 16

WEDNESDAY

Fireside Grill

POP UP!: HIBACHI! $8.75 *Chicken or Steak (+$1.00)*

Served with Vegetable Fried Rice, Grilled Sesame Vegetables

Market Stop Deli

California BLT : $7.75 *Applewood Smoked Bacon, Avocado, Vine-Ripened Tomatoes, Crisp Leaf Lettuce, and Garlic Aioli served on Toasted Multigrain Bread*

Cal: 354 Carbs: 44 Sodium: 432 Fat: 17

THURSDAY

Entrée

Mediterranean Olive Oil Hummus Bowl: $8.75 *Creamy Hummus, Za'atar Grilled Chicken Skewers, Cucumber & Tomato Salad, Roasted Red Peppers, Pickled Red Onions, Crumbled Feta, VOO Drizzle & Warm Pita*

Cal: 805 Carbs: 81 Sodium: 927 Fat: 30

Fireside Grill

Italian Burger *: $7.75 *Fresh Mozzarella, Roasted Tomatoes, Arugula, Pesto on Brioche Bun*

Cal: 692 Carbs: 70 Sodium: 1027 Fat: 34

Market Stop Deli

Tuscan Basil: $6.75 *Fresh Mozzarella, Tomato, Basil, Roasted Red Peppers and Pesto on a Roll*

Cal: 608 Carbs: 39 Sodium: 875 Fat: 38

FRIDAY

Fireside Grill

California Tuna Melt: $7.75 *Tuna Salad, Avocado, Tomato, Cheddar Cheese, on Sliced Italian Bread*

Cal: 643 Carbs: 40 Sodium: 813 Fat: 35

Market Stop Deli

Sicilian Chicken: $6.75 *Chicken Cutlet, Spinach, Sundried Tomato, Red Onions, Oil & Vinegar, Ciabatta Roll*

Cal: 470 Carbs: 44 Sodium: 602 Fat: 26





Soup: 12oz 2.75 / 16oz 3.50

Mon-Tues: **Southwestern Chicken Rice Soup** Cal: 265 Carbs: 17 Sodium: 570 Fat: 12 **Spinach & White Bean Soup** Cal: 194 Carbs: 30 Sodium: 996 Fat: 1

Wed – Thurs **Butternut Bisque** Cal: 308 Carbs: 33 Sodium: 685 Fat: 17 **Spicy Turkey & Sweet Potato Soup** Cal: 190 Carbs: 36 Sodium: 116 Fat: 1

Fri: **Hearty Chicken Soup** Cal: 70 Carbs: 2 Sodium: 30 Fat: 3

**Thoroughly cooking meats, poultry, seafood, shellfish or eggs reduces the risk of foodborne illness. Food allergy? Please speak to your server.*

FIRESIDE GRILL

Breakfast Sandwiches

Classic Breakfast Sandwich/ Wrap: $4.75
Includes 2 Eggs, Any Style and Cheese
Calories: 315 Fat(g): 12 Carbs(g): 31 Sodium(mg): 450

Breakfast Sandwich w/ Meat: $6.75
2 Eggs Any Style and choice of 1 Meat
Bacon, Ham, Turkey, or Sausage
Calories: 388 Fat(g): 19 Carbs(g): 31 Sodium(mg): 652

Cheese Choices:
American
Cheddar
Provolone
Swiss
Pepper Jack

Add On Toppings: $1.00 each
Avocado
Hash Browns

Omelets

Omelet: $6.75
Includes 3 Eggs with 2 Fillings
Calories: 222 Fat(g): 15 Carbs(g): 1 Sodium(mg): 210

Add Up To 3 Additional Fillings: $1.00 each
American
Cheddar
Feta Cheese
Pepper Jack
Swiss
Bacon
Ham
Sausage
Broccoli
Mushrooms
Onion
Peppers
Tomato
Avocado
Spinach
Turkey

Breakfast Specials & Favorites

BREAKFAST BURRITO*: $6.75
Scrambled Eggs, Sauteed Peppers & Onions, Sausage, Cheddar, Chipotle Aioli in Flour Tortilla
Calories: 493 Fat(g): 27 Carbs(g): 45 Sodium(mg): 673

Eggs Your Way*: $4.75
Includes 2 Eggs Your Way
Calories: 283 Fat(g): 12 Carbs(g): 26 Sodium(mg): 412

Breakfast BLT: $6.75
Includes 2 Eggs, Bacon, Lettuce & Tomato

Oatmeal
12 oz: $2.75 / 16oz: $3.15
Calories: 141 Fat(g) 2 Carbs)g) 24 Sodium (mg) 2

BREAKFAST BOWL*: $6.75
Scrambled Eggs, Diced Avocado, Diced Potatoes, Sauteed Peppers & Onions, Roasted Garlic Aioli
Calories: 267 Fat(g): 22 Carbs(g): 10 Sodium(mg): 244

Side Orders: $3.00
Hash Browns, Bacon, Ham, Sausage, Turkey

2 Pieces of Toast or a Bagel: $2.75
Toasted with Butter, Jelly, Peanut Butter, Cream Cheese

Corporate Image Dining Services provides culinary solutions that offer outstanding service, innovation and value through our commitment to the customer experience.

Thoroughly cooking meats, poultry, seafood, shellfish or eggs reduces the risk of food bourne illness.
Food allergy? Please speak to your server.

CI DINING SERVICES

FIRESIDE GRILL

Create Your Own Sandwiches/Burgers: $6.75 (Unlimited Add-Ons)

Protein
- Black Bean Quinoa Burger
- Grilled Chicken Breaded
- Chicken Cutlet

Cheese Add-Ons
- American
- Cheddar
- Swiss
- Pepper Jack
- Provolone

Add-Ons
- Tomato
- Lettuce
- Onion
- Jalapeno Peppers
- Banana Peppers
- Roasted Red Peppers
- Spinach
- Sundried Tomatoes

Premium Add-Ons: $1.00
- Avocado
- Bacon
- Fresh Mozzarella
- Fried Egg

Specialty Sandwiches:

Korean "Hot" Chicken $7.75
Breaded Chicken Cutle, Korean Slaw, Gochujang Aioli on Ciabatta
Calories: 473 Fat(g): 14 Carbs(g): 51 Sodium(mg): 468

Spicy Cheese Steak $7.75
Sliced Top Round, Sauté Onions, Avocado, Spicy Mayo, Pepper Jack, Seeded Club Roll
Calories: 754 Fat(g): 57 Carbs(g): 24 Sodium(mg): 887

Chicken Parmesan $6.75
Breaded Chicken Cutlet, Shredded Mozzarella and Marinara Sauce on a Club Roll
Calories: 838 Fat(g): 48 Carbs(g): 54 Sodium(mg): 1518

Beef Gyro $6.75
Grilled Beef Gyro, Red Onions, Shredded Lettuce, Diced Tomatoes, Tzatziki Sauce on a Pita
Calories: 446 Fat(g): 17 Carbs(g): 48 Sodium(mg): 402

Chicken Quesadilla $7.75
Grilled Chicken, Blend of Cheeses, Sautéed Peppers & Onions in a Flour Tortilla with Sour Cream & Salsa
Calories: 853 Fat(g): 50 Carbs(g): 54 Sodium(mg): 1046

Turkey Cuban $6.75
Roasted Turkey, Melted Swiss Cheese, Ham, Pickles, Zesty Cuban Sauce on Ciabatta
Calories: 258 Fat(g): 10 Carbs(g): 31 Sodium(mg): 652

Corporate Image Dining Services provides culinary solutions that offer outstanding service, innovation and value through our commitment to the customer experience.

Thoroughly cooking meats, poultry, seafood, shellfish or eggs reduces the risk of food bourne illness.
Food allergy? Please speak to your server.

CI DINING SERVICES

MARKET STOP

Create Your Own Sandwiches

Meats (Choose 1) $6.75
- Turkey
- Ham
- Roast Beef*
- Grilled Chicken Breast
- Breaded Chicken Cutlet
- Chicken Salad
- Tuna Salad

Vegetarian: $4.75 (V)
- Egg Salad
- Cheese Sandwich

Cheese
- American
- Cheddar
- Swiss
- Provolone
- Pepper Jack

Extras: +$1.00
- Avocado
- Bacon
- Fresh Mozzarella

Complimentary Add-Ons
- Tomato
- Lettuce
- Onion
- Jalapeños
- Banana Peppers
- Roasted Red Peppers
- Spinach
- Sundried Tomatoes

Specialty Sandwiches $7.75

La Fresca:
Grilled Chicken, Roasted Red Peppers, Smashed Avocado, Bacon, Cheddar Cheese, Chipotle Aioli
Calories: 959 Fat(g): 59 Carbs(g): 49 Sodium(mg): 1509

Turkey Avocado:
Roasted Turkey, Avocado, Balsamic Onions, Cheddar, Roasted Garlic Aioli on a Kaiser Roll
Calories: 736 Fat(g): 45 Carbs(g): 40 Sodium(mg): 2682

Italian Combo:
Thinly Sliced Ham, Salami, Pepperoni, Provolone Cheese, Lettuce, Tomato, Onion, Oil & Vinegar on a Seeded Club Roll
Calories: 836 Fat(g): 57 Carbs(g): 44 Sodium(mg): 2458

Buffalo Chicken Wrap:
Breaded Chicken Cutlet, Blue Cheese Dressing, Lettuce, Tomato and Hot Sauce in your choice of Wrap
Calories: 995 Fat(g): 50 Carbs(g): 101 Sodium(mg): 2447

Spicy Chicken Rancher:
Breaded Chicken Cutlet, Bacon, Cheddar Cheese, Buffalo Hot Sauce, Ranch Dressing
Calories: 624 Fat(g): 29 Carbs(g): 52 Sodium(mg): 1067

Tuscan Roast Beef*:
Roast Beef, Fresh Mozzarella, S&P, O&V, Shredded Lettuce, Sliced Tomato, on a Seeded Club Roll
Calories: 562 Fat(g): 27 Carbs(g): 34 Sodium(mg): 506

Corporate Image Dining Services provides culinary solutions that offer outstanding service, innovation and value through our commitment to the customer experience.

Thoroughly cooking meats, poultry, seafood, shellfish or eggs reduces the risk of food bourne illness.
Food allergy? Please speak to your server.

CI DINING SERVICES