

Week of 4/28 – 5/2/2025

Hours: 7:00 – 2:30

DAILY SPECIALS



Vegetarian



Better4U



Vegan



Contains Nuts

MONDAY

Grain Bowl



Authentic Mexican Taco Bar: \$8.25 Hard Shell Tortillas, Mexican Seasoned Beef, Lettuce, Tomato, Sour Cream, Cheesy Refried Beans, Side of Spanish Rice

Cal: 505 Carbs: 58 Sodium: 542 Fat: 19

Fireside Grill

Chicken Salad Avocado Melt: \$6.25 Chicken Salad, Melted Provolone, Red Onions, Pesto Sauce, Sliced Avocado on Grilled Italian Sliced Bread

Cal: 838 Carbs: 28 Sodium: 942 Fat: 59

Market Stop Deli



The California \$7.25 Sliced Turkey, Bacon, Tomato, Avocado, Honey Mustard

Cal: 341 Carbs: 34 Sodium: 565 Fat: 8

TUESDAY

Skinny Greens

NATIONAL SHRIMP SCAMPI DAY! Shrimp Scampi: \$9.25 Sautéed Shrimp, Fresh Parsley, Lemon over Rice served with Roasted Broccoli

Cal: 454 Carbs: 43 Sodium: 169 Fat: 19

Fireside Grill

Korean "Hot" Chicken Sandwich: \$7.25 Breaded Chicken, Korean Slaw, Gochujang Aioli, Toasted Brioche Roll

Cal: 473 Carbs: 51 Sodium: 468 Fat: 14

Market Stop Deli



Turkey Veggie Panini \$6.25 Turkey Breast, Provolone, Julianne Vegetables, Spinach, Cilantro Avocado Dressing

Cal: 482 Carbs: 41 Sodium: 872 Fat: 26

WEDNESDAY

Entree

General Tso Chicken : \$8.25 Delicate Chunks of Chicken Tossed with Diced Peppers Coated in General Tso Sauce and Served Over Jasmine Rice

Cal: 588 Carbs: 83 Sodium: 2773 Fat: 11

Fireside Grill

BBQ Pork Taco: \$7.25 3 Corn Tortilla Tacos, Roast Pork, Frizzy Onions, Roasted Garlic Crema

Cal: 463 Carbs: 33 Sodium: 603 Fat: 27

Market Stop



Athens Hummus Greek Wrap: \$6.25 Hummus, Feta Cheese, Cucumber, Tomato, Kalamata Olives, Red Onion, Lettuce

Cal: 512 Carbs: 58 Sodium: 1337 Fat: 24

THURSDAY

Entrée

Chopped BBQ Chicken Salad : \$8.25 BBQ Grilled Chicken, Mixed Lettuce, Fresh Basil, Shredded Mozzarella, Fresh Cilantro, Fried Wonton Strips, Diced Tomatoes & Ranch Dressing

Cal: 771 Carbs: 65 Sodium: 1034 Fat: 38

Fireside Grill

Texas Cheeseburger: \$7.25 Cheddar Cheese, Crispy Frizzled Onion Strings, Bacon and BBQ Sauce

Cal: 783 Carbs: 23 Sodium: 1014 Fat: 55

Market Stop



Tuscan Grilled Eggplant \$6.25 Grilled Eggplant, Fresh Mozzarella, Arugula, Tomatoes and Basil Aioli on Ciabatta

Cal: 502 Carbs: 39 Sodium: 600 Fat: 34

FRIDAY

Fireside Grill

Jalapeno Chicken Wrap: \$6.25 Chicken Cutlet, Cream Cheese Spread, Cheddar, Jalapenos, Spinach, Red Onion & Ranch Dressing in a Wrap

Cal: 706 Carbs: 57 Sodium: 841 Fat: 36

Market Stop Deli



Green Goddess Tuna \$6.25 Flaked Tuna with Green Goddess Dressing, Tomato, Muenster Cheese on Multi Grain Bread Pressed in Panini Grill

Cal: 545 Carbs: 28 Sodium: 806 Fat: 30



LAST WEEK!
April's Special

**CARNITAS
GRILLED
CHEESE**

Traditional Pork
Carnitas, Jalapeno Jack
Cheese, Pickled Onions,
on Texas Toast

Soup: 12oz 2.50 / 16oz 3.25

Tues:



Lemon Chicken Soup

Cal: 165 Carbs: 14 Sodium: 752 Fat: 3



Potato & Spinach Soup

Cal: 157 Carbs: 22 Sodium: 276 Fat: 7

Wed-Thurs:



Chicken Barley Soup

Cal: 140 Carbs: 15 Sodium: 178 Fat: 6



Creamy of Broccoli Soup

Cal: 170 Carbs: 10 Sodium: 506 Fat: 13

Every Friday

Hearty Vegetable Soup

Cal: 70 Carbs: 2 Sodium: 30 Fat: 3

Thoroughly cooking meats, poultry, seafood, shellfish or eggs reduces the risk of foodborne illness.
Food allergy? Please speak to your server.

FIRESIDE GRILL

Breakfast Sandwiches

Classic Breakfast Sandwich/Wrap: \$3.75

Includes 2 Eggs Any Style and Cheese

Calories: 315 Fat(g): 12 Carbs(g): 31 Sodium(mg): 450

Breakfast Sandwich w/ Meat: \$5.25

2 Eggs Any Style and choice of 1 Meat

Bacon, Ham, Turkey, or Sausage

Calories: 388 Fat(g): 19 Carbs(g): 31 Sodium(mg): 652

Cheese Choices:

American

Cheddar

Provolone

Swiss

Pepper Jack

Add On Toppings: \$1.00 each

Avocado

Hash Browns

Omelets

Omelet: \$5.25

Includes 3 Eggs with 2 Fillings

Calories: 222 Fat(g): 15 Carbs(g): 1 Sodium(mg): 210

Add Up To 3 Additional Fillings: \$1.00 each

American

Cheddar

Feta Cheese

Pepper Jack

Swiss

Bacon

Ham

Sausage

Broccoli

Mushrooms

Onion

Peppers

Tomato

Avocado

Spinach

Turkey

Additional Breakfast Favorites

Eggs Your Way: \$3.75

Includes 2 Eggs Your Way & 2 pieces of Toast

Calories: 283 Fat(g): 12 Carbs(g): 26 Sodium(mg): 412

Breakfast BLT: \$5.25

Includes 2 Eggs, Bacon, Lettuce & Tomato

Calories: 252 Fat(g): 17 Carbs(g): 7 Sodium(mg): 357

Side Orders: \$1.50

Hash Browns, Bacon, Ham, Sausage, Turkey

2 Pieces of Toast or a Bagel: \$2.25

Toasted with Butter, Jelly, Peanut Butter,
Cream Cheese

Oatmeal

12 oz: \$1.75

16 oz: \$2.25

Calories: 141 Fat(g): 2 Carbs(g): 24 Sodium(mg): 2

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MARKET STOP

Create Your Own Sandwiches

Meats (Choose 1): \$6.25

Turkey
Ham
Roast Beef
Grilled Chicken Breast
Breaded Chicken Cutlet
Tuna Salad
Chicken Salad

Vegetarian: \$4.25

Egg Salad
Cheese Sandwich

Extras: +\$1.00

Avocado
Bacon
Fresh Mozzarella

Cheese

American
Cheddar
Swiss
Provolone
Pepper Jack

Complimentary Add-Ons

Tomato
Lettuce
Onion
Jalapeños
Banana Peppers
Roasted Red Peppers
Spinach
Sundried Tomatoes

Specialty Sandwiches

Pesto Roast Beef: \$7.25

Sliced Roast Beef, Spinach, Roasted Red Pepper, Balsamic Onions, Fresh Mozzarella, Pesto

Calories: 777 Fat(g): 44 Carbs(g): 42 Sodium(mg): 983

Turkey Avocado: \$7.25

Roasted Turkey, Avocado, Balsamic Onions, Cheddar, Roasted Garlic Aioli on a Kaiser Roll

Calories: 736 Fat(g): 45 Carbs(g): 40 Sodium(mg): 2682

Italian Combo: \$6.25

Thinly Sliced Ham, Salami, Pepperoni, Provolone Cheese, Lettuce, Tomato, Onion, Oil & Vinegar on a Seeded Club Roll

Calories: 836 Fat(g): 57 Carbs(g): 44 Sodium(mg): 2458

Buffalo Chicken Wrap: \$7.25

Breaded Chicken, Blue Cheese Dressing, Lettuce, Tomato and Hot Sauce in your choice of Wrap

Calories: 995 Fat(g): 50 Carbs(g): 101 Sodium(mg): 2447

Chimichurri Chicken: \$7.25

Grilled Chicken, Pepper Jack Cheese, Lettuce, Pico de Gallo, Avocado, Chimichurri Sauce

Calories: 642 Fat(g): 33 Carbs(g): 49 Sodium(mg): 635

Margarita Chicken: \$7.25

Grilled Chicken, Fresh Mozzarella, Basil, Tomato, EVOO, Red Wine Vinegar

Calories: 546 Fat(g): 25 Carbs(g): 47 Sodium(mg): 530

Tuscan Basil: \$6.25

Roasted Red Peppers, Fresh Mozzarella, Sliced Tomatoes, House Pesto, Ciabatta Square

Calories: 616 Fat(g): 38 Carbs(g): 40 Sodium(mg): 875

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FIRESIDE GRILL

Create Your Own Sandwiches/Burgers: \$6.25 (Unlimited Add-Ons)

Protein

Fresh Turkey Burger
Beyond Meat Burger
Grilled Chicken
Chicken Cutlet

Cheese Add-Ons

American
Cheddar
Swiss
Pepper Jack
Provolone

Add-Ons

Tomato
Lettuce
Onion
Jalapeno Peppers
Banana Peppers
Roasted Red Peppers
Spinach
Sundried Tomatoes

Premium Add-Ons: \$1.00

Avocado
Bacon
Fresh Mozzarella
Fried Egg

Specialty Sandwiches: \$6.25

Spicy Cheese Steak

Sliced Top Round, Sauté Onions, Avocado,
Spicy Mayo, Pepper Jack, Seeded Club Roll
Calories: 754 Fat(g): 57 Carbs(g): 24 Sodium(mg): 887

Chicken Salad Avocado Melt

Chicken Salad, Melted Provolone, Red Onions,
Pesto Sauce, Sliced Avocado on Grilled Italian
Sliced Bread
Calories: 833 Fat(g): 59 Carbs(g): 28 Sodium(mg): 942

Chicken Parmesan

Chicken Cutlet, Shredded Mozzarella and
Marinara Sauce on a Club Roll
Calories: 838 Fat(g): 48 Carbs(g): 54 Sodium(mg): 1518

Beef Gyro

Grilled Beef Gyro, Red Onions, Shredded
Lettuce, Diced Tomatoes, Tzatziki Sauce on a
Pita
Calories: 446 Fat(g): 17 Carbs(g): 48 Sodium(mg): 402

Chicken Quesadilla

Grilled Chicken, Blend of Cheeses, Sautéed
Peppers & Onions in a Flour Tortilla with Sour
Cream & Salsa
Calories: 853 Fat(g): 50 Carbs(g): 54 Sodium(mg): 1046

Turkey Reuben Melt

Roasted Turkey, Melted Swiss Cheese,
Thousand Island Dressing, Sauerkraut on
Griddled Rye Bread
Calories: 385 Fat(g): 20 Carbs(g): 37 Sodium(mg): 882

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