

Week of
7/27 – 7/31/2026

DAILY SPECIALS



Vegetarian



Better4U



Vegan



Contains Nuts



MONDAY

Entrée



Eggplant Rollatini: \$ 11.95 Breaded Eggplant, Herbed Ricotta Filling, House Marinara Sauce, Mozzarella Cheese, served with a side of Pasta

Fireside Grill

The Lugar Press: \$10.95 Thinly sliced Roast Beef, Fried Onions, Cheddar Cheese, Horseradish Steak Sauce, on a Seeded Club Roll

Market Stop Deli



Athens Hummus Greek Wrap \$9.95 Hummus, Feta Cheese, Cucumber, Tomato, Kalamata Olives, Red Onion, Lettuce, Tomato, in a Wrap

TUESDAY

Skinny Greens

General Tso Chicken: \$11.95 Delicate Chunks of Chicken Tossed with Diced Peppers Coated in General Tso Sauce and Served Over Jasmine Rice.

Fireside Grill

Blackened Fish Tacos: \$10.95 Two Tacos Cajun Seared Tilapia, Corn Tortillas, Cilantro Mayo, Shredded Cabbage & Pico de Gallo

Market Stop Deli



Turkey Veggie Panini \$9.95 Turkey Breast, Provolone, Julianne Vegetables, Spinach and Cilantro Avocado Dressing

WEDNESDAY

Entrée

Sushi & Poke Bowls with Chef Hiro

Fireside Grill



Veggie Baja: \$8.95 Peppers, Onions, Mushrooms, Diced Tomatoes, Shredded Mozzarella & Hot Sauce on a Griddled Pita

Market Stop Deli

Southwestern Roast Beef*: \$9.95 Roast Beef, Caramelized Onions, Cheddar Cheese, Avocado, Jalapenos, Chipotle Mayo

THURSDAY

Grain Bowl



Jerked Salmon Bowl: \$15.95 Delicately Flaked Jerked Salmon, Black Beans, Roasted Corn, Pickled Onion, Grilled Pineapple, Diced Cucumbers, Brown Rice, Lemon Aioli

Fireside Grill

Texas Burger*: \$9.95 Cheddar Cheese, Crispy Frizzled Onion Strings, Bacon and BBQ Sauce

Market Stop Deli



Tuscan Grilled Eggplant \$9.95 Grilled Eggplant, Fresh Mozzarella, Arugula, Tomatoes & Basil Aioli on Ciabatta

FRIDAY

Fireside Grill

Market Stop Deli

NATIONAL AVOCADO DAY!

Chicken Salad Avocado Melt: \$9.95 Chicken Salad, Melted Provolone, Red Onions, Pesto Sauce, Sliced Avocado on Grilled Italian Sliced Bread

The California \$10.95 Sliced Turkey, Bacon, Tomato, Avocado, Honey Mustard

* Thoroughly cooking meats, poultry, seafood, shellfish or eggs reduces the risk of foodborne illness. Food allergy? Please speak to your server.

Soups

Monday - Tuesday



Chicken Chili



Broccoli Cheddar Soup

Wednesday - Thursday

Fish Chowder



Creamy Wild Mushroom Soup

Friday

Hearty Chicken Soup

12oz 4.25 / 16oz 5.50

July Special Month:

SUMMER ORCHARD CHICKEN SALAD

Arugula • Roasted Peaches • Feta Cheese •
Diced Strawberries • Toasted Almonds •
Grilled Chicken • Watermelon-Honey Vinaigrette

Fresh • Seasonal • Summer Inspired

A taste of summer in every bite

FIRESIDE GRILL

Breakfast Sandwiches

Classic Breakfast Sandwich/ Wrap:
\$5.95

Includes 2 Eggs, Any Style and Cheese

Breakfast Sandwich w/ Meat: \$7.95

2 Eggs Any Style and choice of 1 Meat
Bacon, Ham, Turkey, or Sausage

Cheese Choices:

American	Swiss
Cheddar	Pepper Jack
Provolone	

Add On Toppings: \$1.00 each

Avocado
Hash Browns

Omelets

Omelet: \$7.95

Includes 3 Eggs with 2 Fillings

Add Up To 3 Additional Fillings:
\$1.00 each

American	Broccoli
Cheddar	Mushrooms
Feta Cheese	Onion
Pepper Jack	Peppers
Swiss	Tomato
Bacon	Avocado
Ham	Spinach
Sausage	Turkey

Breakfast Specials & Favorites

BREAKFAST BURRITO*: \$8.95

Scrambled Eggs, Sauteed Peppers & Onions,
Sausage, Cheddar, Chipotle Aioli in Flour
Tortilla

Eggs Your Way*: \$4.00

Includes 2 Eggs Your Way

Breakfast BLT: \$7.95

Includes 2 Eggs, Bacon, Lettuce & Tomato

Oatmeal 

12 oz: \$2.75 / 16oz: \$3.15

BREAKFAST BOWL*: \$8.95

Scrambled Eggs, Diced Avocado, Diced
Potatoes, Sauteed Peppers & Onions,
Roasted Garlic Aioli

Side Orders:

Hash Browns, Ham, Sausage, Turkey \$3.00;
Bacon \$4.00

2 Pieces of Toast or a Bagel: \$2.95

Toasted with Butter, Jelly, Peanut Butter,
Cream Cheese

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C&I
DINING SERVICES

FIRESIDE GRILL

Create Your Own Sandwiches/Burgers: \$8.95 (Unlimited Add-Ons)

Protein

House Beef Blend Burger*
Beyond Meat Burger
Grilled Chicken
Breaded Chicken Cutlet

Cheese Add-Ons

American
Cheddar
Swiss
Pepper Jack
Provolone

Sides: \$3.00

French Fries
Onion Rings
Sea Salt Potato Chips

Add-Ons

Tomato
Lettuce
Onion
Jalapeno Peppers
Banana Peppers
Roasted Red Peppers
Spinach
Sundried Tomatoes

Premium Add-Ons: \$1.00

Avocado
Bacon
Fresh Mozzarella
Fried Egg

Specialty Sandwiches: \$9.95

Korean "Hot" Chicken

Breaded Chicken Cutlet, Korean Slaw,
Gochujang Aioli on Ciabatta

Patty Melt

Griddled Burger with Sautéed Onions,
Russian Dressing and Swiss Cheese on
Grilled Italian Sliced Bread

Chicken Parmesan

Breaded Chicken Cutlet, Shredded
Mozzarella and Marinara Sauce on a
Club Roll

Beef Gyro

Grilled Beef Gyro, Red Onions,
Shredded Lettuce, Diced Tomatoes,
Tzatziki Sauce on a Pita

Chicken Quesadilla

Grilled Chicken, Blend of Cheeses,
Sautéed Peppers & Onions in a Flour
Tortilla with Sour Cream & Salsa

Turkey Cuban

Roasted Turkey, Melted Swiss Cheese,
Ham, Pickles, Zesty Cuban Sauce on
Ciabatta

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MARKET STOP

Create Your Own Sandwiches

Meats (Choose 1) \$8.95

Turkey
Ham
Roast Beef*
Grilled Chicken Breast
Breaded Chicken Cutlet
Chicken Salad
Tuna Salad

Cheese

American
Cheddar
Swiss
Provolone
Pepper Jack

Extras: +\$1.00

Avocado
Bacon
Fresh Mozzarella

Vegetarian: \$.6.95

Egg Salad
Cheese Sandwich

Complimentary Add-Ons

Tomato
Lettuce
Onion
Balsamic Onions
Jalapeños
Banana Peppers
Roasted Red Peppers
Spinach
Sundried Tomatoes
Pico de Gallo

Specialty Sandwiches

La Fresca: \$10.95

Grilled Chicken, Roasted Red Peppers,
Smashed Avocado, Bacon, Cheddar
Cheese, Chipotle Aioli on Ciabatta

Turkey Avocado: \$10.95

Roasted Turkey, Avocado, Balsamic
Onions, Cheddar, Roasted Garlic Aioli
on a Kaiser Roll

Italian Combo: \$9.95

Thinly Sliced Ham, Salami, Pepperoni,
Provolone Cheese, Lettuce, Tomato,
Onion, Oil & Vinegar on a Seeded Club
Roll

Buffalo Chicken Wrap: \$9.95

Breaded Chicken Cutlet, Blue Cheese
Dressing, Lettuce, Tomato and Hot Sauce
in your choice of Wrap

Spicy Chicken Rancher: \$9.95

Breaded Chicken Cutlet, Bacon, Cheddar
Cheese, Buffalo Hot Sauce, Ranch
Dressing on Ciabatta

Tuscan Roast Beef*: \$9.95

Roast Beef, Fresh Mozzarella, S&P, O&V,
Shredded Lettuce, Sliced Tomato, on a
Seeded Club Roll

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GREENS & GRAINS

Build Your Own Bowl: \$10.95

Choice of Base

Quinoa
Brown Rice

Choice of Sauces

Tzatziki Sauce 
Cilantro Lime 
EVOO

Add Protein

Grilled Chicken: +\$2.00
Breaded Chicken Cutlet: +\$2.00
Steak: +\$4.00

6 Toppings Included*

Roasted Corn
Pico de Gallo
Black Beans
Cheddar Cheese
Crispy Baked Tortilla
Roasted Broccoli
Cucumber Dice
Roasted Grape Tomatoes
Fresh Roasted Beets
Creamy Feta Cheese
Toasted Almonds

*More than 6 toppings: \$1.00 each

Grain Bowls: \$10.95

*Base Choices: Quinoa or Brown Rice
Protein Can Be Added to Grain Bowls*

South of the Border Bowl

Roasted Corn, Pico De Gallo, Black Beans, Cheddar Cheese, Crispy Baked Tortilla, with Cilantro Lime Dressing

Harvest Beet & Feta Bowl

Fresh Roasted Beets, Creamy Feta Cheese, Toasted Almonds, Cucumber Dice, Roasted Tomatoes, EVOO

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