

Week of:
6/1 – 6/5/2026

DAILY SPECIALS



Vegetarian
 Better4U
 Vegan
 Contains Nuts

MONDAY

Grain Bowl

Carnita Rice Bowl: \$12.95 Pork Carnitas served over Cilantro Rice, Black Beans, Roasted Corn, Tomato Avocado Salsa

Fireside Grill

Spicy Turkey Melt: \$10.95 Turkey, Pepper Jack Cheese, Jalapenos, Mushrooms, Lettuce, Tomato and Sriracha Mayo on a Multigrain Toast

Market Stop Deli



OLIVE DAY! Athena Veggie Wrap: \$8.95 House Hummus, Sautéed Peppers and Onions, Black Olives, Feta Cheese, Spinach, Oil and Vinegar in a Tomato Wrap



TUESDAY

Entrée

ROTISSERIE CHICKEN DAY!: \$12.95 Rotisserie Chicken served with Mac & Cheese and Roasted Broccoli

Fireside Grill

5th Avenue Pastrami : \$9.95 Pastrami, Swiss Cheese, Red Pepper Relish, Sautéed Mushrooms and Spicy Brown Mustard on a Club Roll

Market Stop Deli



Mango Turkey Pita: \$9.95 Turkey, Pepper Jack Cheese, Mango Chutney, Chipotle Mayo on a Pita Bread

WEDNESDAY

BBQ EVENT!!



BURGER-PALOOZA!! (choose one)

Texas Burger: Caramelized Onions, Cheddar & BBQ Sauce
Greek Burger: Arugula, Tomato, Cucumber & Tzatziki Sauce
 Served with Cajun Fries, Caesar Salad & Watermelon Slice
\$15.75

Market Stop Deli



Grilled Vegetable Pita: \$9.95 Fresh Mozzarella, Grilled Zucchini, Grilled Eggplant, Spinach, Grilled Pita

THURSDAY

Entrée

Chicken Milanese: \$12.95 Parmesan Crusted Chicken Cutlet, Arugula Tomato Salad, Balsamic Glaze

Fireside Grill

Pollo & Pepperoni: \$9.95 Grilled Chicken Breast, Thinly Sliced Pepperoni, Fresh Mozzarella Cheese & Tomato Sauce on Italian Sliced Bread Brushed with EVOO & Toasted

Market Stop Deli



Turkey Avocado and Cilantro Wrap: \$9.95 Turkey, Avocado and Fresh Cilantro Leaves, shredded Lettuce, Tomato and Red Onion, Tortilla Wrap

FRIDAY

Fireside Grill



VEGGIE BURGER DAY!! Veggie Burger Fajita Wrap: \$9.95 A Grilled BEYOND MEAT® Veggie Burger with Cheddar Cheese, Sautéed Onions & Peppers, Lettuce, Salsa and Sour Cream in a Wrap.

Market Stop Deli



Chicken Roma: \$9.95 Grilled Chicken, Sundried Tomatoes, Red Onion, Provolone, Oil and Vinegar, Lettuce and Tomato on House Roll

* Thoroughly cooking meats, poultry, seafood, shellfish or eggs reduces the risk of foodborne illness. Food allergy? Please speak to your server.

Soups

Monday – Tuesday

Chicken & Chickpea Soup

Potato & Spinach Soup

Wednesday – Thursday

Curry Lentil Soup

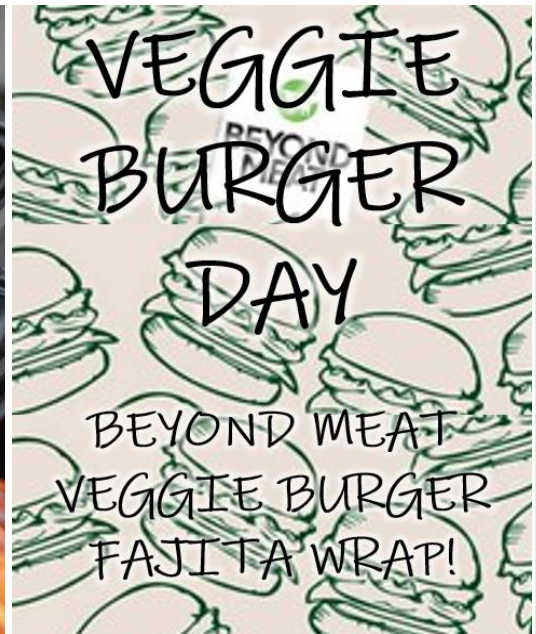
Chicken Wild Mushroom

Friday

Hearty Chicken Soup

12oz / 4.25

16oz / 5.50



FIRESIDE GRILL

Breakfast Sandwiches

Classic Breakfast Sandwich/ Wrap:
\$5.95

Includes 2 Eggs, Any Style and Cheese

Breakfast Sandwich w/ Meat: \$7.95

2 Eggs Any Style and choice of 1 Meat
Bacon, Ham, Turkey, or Sausage

Cheese Choices:

American	Swiss
Cheddar	Pepper Jack
Provolone	

Add On Toppings: \$1.00 each

Avocado
Hash Browns

Omelets

Omelet: \$7.95

Includes 3 Eggs with 2 Fillings

Add Up To 3 Additional Fillings:
\$1.00 each

American	Broccoli
Cheddar	Mushrooms
Feta Cheese	Onion
Pepper Jack	Peppers
Swiss	Tomato
Bacon	Avocado
Ham	Spinach
Sausage	Turkey

Breakfast Specials & Favorites

BREAKFAST BURRITO*: \$8.95

Scrambled Eggs, Sauteed Peppers & Onions,
Sausage, Cheddar, Chipotle Aioli in Flour
Tortilla

Eggs Your Way*: \$4.00

Includes 2 Eggs Your Way

Breakfast BLT: \$7.95

Includes 2 Eggs, Bacon, Lettuce & Tomato

Oatmeal 

12 oz: \$2.75 / 16oz: \$3.15

BREAKFAST BOWL*: \$8.95

Scrambled Eggs, Diced Avocado, Diced
Potatoes, Sauteed Peppers & Onions,
Roasted Garlic Aioli

Side Orders:

Hash Browns, Ham, Sausage, Turkey \$3.00;
Bacon \$4.00

2 Pieces of Toast or a Bagel: \$2.95

Toasted with Butter, Jelly, Peanut Butter,
Cream Cheese

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FIRESIDE GRILL

Create Your Own Sandwiches/Burgers: \$8.95 (Unlimited Add-Ons)

Protein

- House Beef Blend Burger*
- Beyond Meat Burger
- Grilled Chicken
- Breaded Chicken Cutlet

Cheese Add-Ons

- American
- Cheddar
- Swiss
- Pepper Jack
- Provolone

Sides: \$3.00

- French Fries
- Onion Rings
- Sea Salt Potato Chips

Add-Ons

- Tomato
- Lettuce
- Onion
- Jalapeno Peppers
- Banana Peppers
- Roasted Red Peppers
- Spinach
- Sundried Tomatoes

Premium Add-Ons: \$1.00

- Avocado
- Bacon
- Fresh Mozzarella
- Fried Egg

Specialty Sandwiches: \$9.95

Korean "Hot" Chicken

Breaded Chicken Cutlet, Korean Slaw, Gochujang Aioli on Ciabatta

Patty Melt

Griddled Burger with Sauteed Onions, Russian Dressing and Swiss Cheese on Grilled Italian Sliced Bread

Chicken Parmesan

Breaded Chicken Cutlet, Shredded Mozzarella and Marinara Sauce on a Club Roll

Beef Gyro

Grilled Beef Gyro, Red Onions, Shredded Lettuce, Diced Tomatoes, Tzatziki Sauce on a Pita

Chicken Quesadilla

Grilled Chicken, Blend of Cheeses, Sautéed Peppers & Onions in a Flour Tortilla with Sour Cream & Salsa

Turkey Cuban

Roasted Turkey, Melted Swiss Cheese, Ham, Pickles, Zesty Cuban Sauce on Ciabatta

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MARKET STOP

Create Your Own Sandwiches

Meats (Choose 1) \$8.95

Turkey
Ham
Roast Beef*
Grilled Chicken Breast
Breaded Chicken Cutlet
Chicken Salad
Tuna Salad

Vegetarian: \$.6.95

Egg Salad
Cheese Sandwich

Cheese

American
Cheddar
Swiss
Provolone
Pepper Jack

Extras: +\$1.00

Avocado
Bacon
Fresh Mozzarella

Complimentary Add-Ons

Tomato
Lettuce
Onion
Balsamic Onions
Jalapeños
Banana Peppers
Roasted Red Peppers
Spinach
Sundried Tomatoes
Pico de Gallo

Specialty Sandwiches

La Fresca: \$10.95

Grilled Chicken, Roasted Red Peppers, Smashed Avocado, Bacon, Cheddar Cheese, Chipotle Aioli on Ciabatta

Turkey Avocado: \$10.95

Roasted Turkey, Avocado, Balsamic Onions, Cheddar, Roasted Garlic Aioli on a Kaiser Roll

Italian Combo: \$9.95

Thinly Sliced Ham, Salami, Pepperoni, Provolone Cheese, Lettuce, Tomato, Onion, Oil & Vinegar on a Seeded Club Roll

Buffalo Chicken Wrap: \$9.95

Breaded Chicken Cutlet, Blue Cheese Dressing, Lettuce, Tomato and Hot Sauce in your choice of Wrap

Spicy Chicken Rancher: \$9.95

Breaded Chicken Cutlet, Bacon, Cheddar Cheese, Buffalo Hot Sauce, Ranch Dressing on Ciabatta

Tuscan Roast Beef*: \$9.95

Roast Beef, Fresh Mozzarella, S&P, O&V, Shredded Lettuce, Sliced Tomato, on a Seeded Club Roll

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GREENS & GRAINS

Build Your Own Bowl: \$10.95

Choice of Base

Quinoa
Brown Rice

Choice of Sauces

Tzatziki Sauce 
Cilantro Lime 
EVOO

Add Protein

Grilled Chicken: +\$2.00
Breaded Chicken Cutlet: +\$2.00
Salmon: +\$5.00

6 Toppings Included*

Roasted Corn
Pico de Gallo
Black Beans
Cheddar Cheese
Crispy Baked Tortilla
Roasted Broccoli
Cucumber Dice
Roasted Grape Tomatoes
Fresh Roasted Beets
Creamy Feta Cheese
Toasted Almonds

*More than 6 toppings: \$1.00 each

Grain Bowls: \$10.95

*Base Choices: Quinoa or Brown Rice
Protein Can Be Added to Grain Bowls*

South of the Border Bowl

Roasted Corn, Pico De Gallo, Black Beans, Cheddar Cheese, Crispy Baked Tortilla, with Cilantro Lime Dressing

Harvest Beet & Feta Bowl

Fresh Roasted Beets, Creamy Feta Cheese, Toasted Almonds, Cucumber Dice, Roasted Tomatoes, EVOO

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SUSHI

Specialty Rolls: \$13.50

Dynamite Roll	Tuna, Eel, Avocado, Cucumber with Spicy Sauce
CIDS Café Roll	Shrimp Tempura, Eel, Avocado, Cucumber
Rainbow Roll	Crab, Avocado, Tuna, Salmon
Boston Roll	Salmon, Shrimp, Avocado, Lettuce

Sushi Rolls: \$10.25

Spicy Tuna Roll	Sushi Rice, Tuna, Avocado, Spicy Mayo
Shrimp Tempura	Sushi Rice, Shrimp Tempura, Avocado
Salmon Avocado	Sushi Rice, Salmon, Avocado
Shrimp Avocado	Sushi Rice, Ebi Shrimp, Avocado
Spicy Salmon Roll	Sushi Rice, Salmon, Avocado, Spicy Mayo

Sushi Rolls: \$9.00

California Roll	Sushi Rice, Crabmeat, Mayo
Eel Roll	Sushi Rice, Eel, Avocado, Eel Sauce
Vegetable Roll	Sushi Rice, Cucumber, Avocado V

Sushi/Sashimi: \$4.50/piece

Sushi	Tuna, Salmon, or Shrimp
Sashimi	Tuna or Salmon

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