

Week of
3/10 – 3/14/2025

DAILY SPECIALS



Vegetarian Better4U Vegan Contains Nuts

MONDAY

Grain Bowl
Fireside Grill
Market Stop Deli

Latin Rice Bowl: \$12.50 Latin Spiced Slow Roasted Chicken Served over Cilantro Lime Rice, Cheddar Cheese, Roasted Corn, Seasoned Black Beans, Diced Tomatoes, Sour Cream & Salsa
Arthur Ave Fried Chicken: \$10.50 Hand Breaded Chicken, Broccoli Rabe, Hot Cherry Peppers, Provolone, EVOO, on Rosemary Focaccia
Avocado BLT: \$10.50 Toasted 8 Grain Bread, Avocado, Bacon, Arugula, Tomato, Cilantro Mayo

TUESDAY

Skinny Greens
Fireside Grill
Market Stop Deli

Blackened Chicken Salad: \$12.50 Blackened Chicken, Romaine, Shredded Cabbage, Cucumber, Tomato, Red Onions and Shredded Carrots Tossed in bleu Cheese Vinaigrette
California Tuna Melt: \$9.50 Tuna Salad, Avocado, Sliced Tomato, Cheddar Cheese on Sliced Italian Bread
Roasted Vegetable Sandwich: \$9.50 Balsamic Marinaded Squash Eggplant, Zucchini and Peppers on a Whole Wheat Roll

WEDNESDAY

Entrée
Fireside Grill
Market Stop Deli

Eggplant Rollatini: \$10.50 Breaded Eggplant Rolled with Herbed Ricotta, House Marinara, Melted Mozzarella Cheese, Side of Pasta
Spicy Bacon Grill Cheese: \$9.50 Bacon, Tomato, Pepper Jack Cheese, Jalapenos, Chipotle Mayo on Sliced Italian Bread
Moroccan Chicken: \$9.50 Moroccan Grilled Chicken Breast, Eggplant Relish, Herb Yogurt Sauce, Grilled Onion and Spinach on a House Roll

THURSDAY

Action
Fireside Grill
Market Stop Deli

Fajita Bar!: \$11.50 / \$12.50 Choice of Chicken or Steak Fajita, Sautéed Onions & Peppers, Side of Rice, Refried beans, Salsa and Sour Cream
Italian Burger: \$10.50 A Grilled Angus Burger with Fresh Mozzarella, Roasted Tomatoes, Arugula, and Pesto, on a Brioche Bun
Grilled Chicken Basil Wrap: \$9.50 Fresh Mozzarella, Roasted Tomatoes, Pesto Sauce in a Wrap

FRIDAY

Fireside Grill
Market Stop Deli

Cowboy Roast Beef: \$10.50 topped with Cheddar Cheese, Frizzled Onions, Campfire Mayo, Bacon, Spinach, & Tomato on a House Roll
Salmon Salad Wrap: \$ 12.50 Salmon Salad, Fresh Cucumber, Tomato, Dill and Shredded Lettuce

Thoroughly cooking meats, poultry, seafood, shellfish or eggs reduces the risk of foodborne illness. Food allergy? Please speak to your server as known allergens may be present.

Soups

- Monday – Tuesday
 - Chicken Wild Mushroom Soup**
 - Tomato Brown Rice Soup**
- Wednesday – Thursday
 - Classic Beef Chili**
 - Chicken & Lentil Soup**
- Friday
 - Captain's Fish Chowder**

Soup - 12oz 4.25 / 16oz 5.50



2 lb. Loaf
\$8.95

MARCH SPECIAL:
National Nutrition Month

Meze Plate

Hummus, Moroccan Spiced Chicken, Crumbled Feta, Kalamata Olives, Cucumbers, Roasted Tomatoes, EVOO Drizzle

FIRESIDE GRILL

Breakfast Sandwiches

Classic Breakfast Sandwich/Wrap: \$4.50

Includes 2 Eggs Any Style and Cheese

Breakfast Sandwich w/ Meat: \$6.50

2 Eggs Any Style and choice of 1 Meat
Bacon, Ham, Turkey, or Sausage

Cheese Choices:

American	Swiss
Cheddar	Pepper Jack
Provolone	

Add On Toppings: \$1.00 each

Avocado
Hash Browns

Omelets

Omelet: \$6.50

Includes 3 Eggs with 2 Fillings

Add Up To 3 Additional Fillings: \$1.00 each

American	Broccoli
Cheddar	Mushrooms
Feta Cheese	Onion
Pepper Jack	Peppers
Swiss	Tomato
Bacon	Avocado
Ham	Spinach
Sausage	Turkey

Additional Breakfast Favorites

Eggs Your Way: \$3.00

Includes 2 Eggs Your Way

Breakfast BLT: \$6.50

Includes 2 Eggs, Bacon, Lettuce & Tomato

Side Orders:

Hash Browns, Ham, Sausage, Turkey \$3.00
Bacon \$4.00

2 Pieces of Toast or a Bagel: \$2.75

Toasted with Butter, Jelly, Peanut Butter,
Cream Cheese

Oatmeal

12 oz: \$2.75
16 oz: \$3.15

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DINING SERVICES

MARKET STOP

Create Your Own Sandwiches

Meats (Choose 1): \$8.50

Turkey
Ham
Roast Beef
Grilled Chicken Breast
Breaded Chicken Cutlet
Tuna Salad
Chicken Salad

Vegetarian: \$.6.50

Egg Salad
Cheese Sandwich

Extras: +\$1.00

Avocado
Bacon
Fresh Mozzarella

Cheese

American
Cheddar
Swiss
Provolone
Pepper Jack

Complimentary Add-Ons

Tomato
Lettuce
Onion
Jalapeños
Banana Peppers
Roasted Red Peppers
Spinach
Sundried Tomatoes

Specialty Sandwiches

Pesto Roast Beef: \$10.50

Sliced Roast Beef, Spinach, Roasted Red Pepper, Balsamic Onions, Fresh Mozzarella, Pesto

Turkey Avocado: \$10.50

Roasted Turkey, Avocado, Balsamic Onions, Cheddar, Roasted Garlic Aioli on a Kaiser Roll

Italian Combo: \$9.50

Thinly Sliced Ham, Salami, Pepperoni, Provolone Cheese, Lettuce, Tomato, Onion, Oil & Vinegar on a Seeded Club Roll

Buffalo Chicken Wrap: \$9.50

Breaded Chicken, Blue Cheese Dressing, Lettuce, Tomato and Hot Sauce in your choice of Wrap

Chimichurri Chicken: \$10.50

Grilled Chicken, Pepper Jack Cheese, Lettuce, Pico de Gallo, Avocado, Chimichurri Sauce

Margarita Chicken: \$10.50

Grilled Chicken, Fresh Mozzarella, Basil, Tomato, EVOO, Red Wine Vinegar

Tuscan Basil: \$9.50

Roasted Red Peppers, Fresh Mozzarella, Sliced Tomatoes, House Pesto, Ciabatta Square

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FIRESIDE GRILL

Create Your Own Sandwiches/Burgers: \$8.50 (Unlimited Add-Ons)

Protein

House Beef Blend Burger
Fresh Turkey Burger
Beyond Meat Burger
Grilled Chicken
Chicken Cutlet

Cheese Add-Ons

American
Cheddar
Swiss
Pepper Jack
Provolone

Sides: \$3.00

French Fries
Sea Salt Potato Chips
Onion Rings

Add-Ons

Tomato
Lettuce
Onion
Jalapeno Peppers
Banana Peppers
Roasted Red Peppers
Spinach
Sundried Tomatoes

Premium Add-Ons: \$1.00

Avocado
Bacon
Fresh Mozzarella
Fried Egg

Specialty Sandwiches: \$9.50

Spicy Cheese Steak

Sliced Top Round, Sauté Onions, Avocado,
Spicy Mayo, Pepper Jack, Seeded Club Roll

Chicken Salad Avocado Melt

Chicken Salad, Melted Provolone, Red Onions,
Pesto Sauce, Sliced Avocado on Grilled Italian
Sliced Bread

Chicken Parmesan

Chicken Cutlet, Shredded Mozzarella and
Marinara Sauce on a Club Roll

Beef Gyro

Grilled Beef Gyro, Red Onions, Shredded
Lettuce, Diced Tomatoes, Tzatziki Sauce on a
Pita

Chicken Quesadilla

Grilled Chicken, Blend of Cheeses, Sautéed
Peppers & Onions in a Flour Tortilla with Sour
Cream & Salsa

Turkey Reuben Melt

Roasted Turkey, Melted Swiss Cheese,
Thousand Island Dressing, Sauerkraut on
Griddled Rye Bread

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GREENS & GRAINS

Build Your Own Bowl: \$10.50

Choice of Base

Quinoa
Brown Rice

Choice of Sauces

Tzatziki Sauce 
Cilantro Lime 

Add Protein

Grilled Chicken: +\$2.00
Breaded Chicken: +\$2.00
Shrimp: +\$3.00

6 Toppings Included*

Roasted Corn
Pico de Gallo
Black Beans
Cheddar Cheese
Crispy Baked Tortilla
Roasted Broccoli
Kalamata Olives
Mediterranean Pickled Onions
Cucumber Dice
Roasted Grape Tomatoes
Toasted Julienne Pita Strips

*More than 6 toppings: \$1.00 each

Grain Bowls: \$10.50

*Base Choices: Quinoa or Brown Rice
Protein Can Also Be Added to Grain Bowls*

South of the Border Bowl

Roasted Corn, Pico De Gallo, Black Beans, Cheddar Cheese, Crispy Baked Tortilla, with Cilantro Lime Dressing

Mediterranean Greek Bowl

Kalamata Olives, Mediterranean Pickled Red Onions, Cucumber Dice, Roasted Grape Tomatoes, Toasted Julienne Pita Strips, Tzatziki Sauce

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